

CALIFORNIA DREAMING

Together Towards Tomorrow

District 99 2024 CONFERENCE

April 19 - 21, 2024

Edmonton, Alberta



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Greetings from the Conference Chair

Marg Faryna, DTM

Welcome to the 2024 District 99 Conference! The Conference Committee has been “**California Dreaming**” for almost a year as we embraced our tagline “**together towards tomorrow.**”

Whether you are here for all events or just a few, you will have a memorable experience. We may not have the sand and surf of California, but we have an abundance of unlimited opportunity in Toastmasters and District 99. Together towards tomorrow, I wish you all the best in your ventures. Thank you for joining us.

Meet the Conference Team

Conference Chair, Marg Faryna, DTM

Marketing, Linda Holmevik, DTM

Public Relations, Jane Esperaneuva, VC4

Registration, Lynell Bird, DTM

Communication and Leadership, Carol Blair, DTM, PID

Education, Ken Tanner, DTM, PID

Hospitality and Entertainment, Diane Gunn, PM5

Volunteers, Bob Challborn, IP4

Program Design, Tanya Turner, DTM

Silent Auction, Margaret Andris, VC5

Secretary, Renée Redekopp, IP3

Sponsorship, Conference Committee

D99 Trio Representative, Rebecca Cuthbertson Hulst, DTM

Greetings from the District Director



Dan McCosh, DTM

As we gather for this year's conference, I am filled with gratitude and excitement to see the dedication and commitment of each member of our Toastmasters community. It is through our collective efforts and unwavering passion for personal and professional growth that we continue to thrive and inspire one another.

This conference presents a valuable opportunity for us to come together, to connect, and to share our experiences and insights. Through our interactions and shared learning, we strengthen our bonds and reaffirm our commitment to excellence.

As we embark on this journey together, let us seize this moment to renew our zeal and determination to finish the year distinguished. Let the energy and enthusiasm of this conference propel us forward, igniting a spark within each of us to push beyond our limits and achieve greatness.

Here's to a conference filled with inspiration, connection, and renewed zeal. Let us celebrate our accomplishments, embrace our challenges, and emerge stronger and more determined than ever before.

Edmonton is located within Treaty 6 Territory and within the Métis homelands and Métis Nation of Alberta Region 4. We acknowledge this land as the traditional territories of many First Nations such as the Nehiyaw (Cree), Denesuliné (Dene), Nakota Sioux (Stoney), Anishinaabe (Saulteaux) and Niitsitapi (Blackfoot).

Greetings from the Region 4 International Director



Kimberly Myers, DTM, ID

Long ago I was that student who hated to present anything in front of a classroom. I could play solos and sing to an audience, but presenting my own ideas in my own voice was entirely different. The change came when my best friend and overachiever challenged me to join her at a speech and debate

tournament our junior year in high school. Little did she know, she instilled a love of communication.

I eventually became a class officer because I was no longer afraid to speak. Having participated in collegiate policy debate and public speaking, my confidence grew. However, once I entered the workforce and focused on my career, my passion shifted. It was during the inaugural meeting of Don't Stop Talking Toastmasters that I stepped into my first Toastmasters meeting, seeking judges for a high school speech tournament. At the time, I was coaching and supporting my daughter's high school speech team. Less than a month later, Heather joined me at a community club.

Over my 20 years of being a member of a Toastmasters International club, I have grown and changed as a speaker and person. Why? My dreams changed. Those dreams have finally brought me to Canada to work with members in District 99. I have seen Toastmasters International become an international organization and am proud to serve as the International Director from Region 4. I am pleased and honoured to meet members from District 99 and renew friendships with others. Toastmasters is truly the organization Where Leaders are Made.

Saturday Keynote Speaker, Kim Myers, DTM, ID

Leap into Leadership – You Will Not Regret It

Servant Leadership as it pertains to all aspects of one’s life is invaluable. It will aid in all aspects of your life: family, work, faith and Toastmasters. In this keynote, Kim will review the following:

- Who should leap into leadership?
- What is Servant Leadership?
- Why would anyone dedicate a portion of their time to servant leadership?
- Where does the impact of servant leadership show up in one’s life?
- When should I leap into leadership?

Sunday Keynote Speaker, Kim Meyers, DTM, ID

Dreaming of Change Means Facing Change

Kim often dreams of the perfect world – everyone getting along, advancing goals, mentoring. But she is aware that making dreams into reality is a bit harder. Come with Kim on a journey of changing your mindset and making it work.

Goals:

- Understand what change is
- Understanding the impact to your team and organization
- Understanding psychological safety
- How to prepare yourself for change
- How to prepare your team for change

“Become what you really should be.”
~ Peter Kossowan, DTM, PDG

Greetings from the Province of Alberta



MESSAGE FROM THE PREMIER OF ALBERTA

On behalf of the Government of Alberta, it is my pleasure to send greetings to everyone attending the 2024 District 99 Toastmasters Annual Conference.

As members from central and northern Alberta and Saskatchewan gather to do business, network, learn together and have some fun, I hope you will be inspired by your organization's 100 years of leadership in education and personal growth. Toastmasters has made a positive impact on many communities and touched many lives, including my own. I deeply appreciate that District 99 is carrying on this great work in two great provinces. Thank you for providing supportive environments in which members can practice public speaking and strive to meet their personal and professional goals.

Thank you as well to all those responsible for making this event a success. Have a wonderful time together, and please enjoy the sights and attractions in our capital region during your stay.

Congratulations on the Toastmasters centennial, and best wishes for a productive conference!

A handwritten signature in black ink that reads "Danielle Smith".

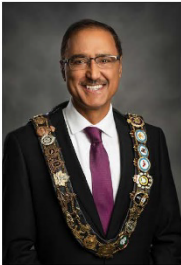
Honourable Danielle Smith, Premier of Alberta



Greetings from the Mayor of Edmonton



Message from His Worship Mayor Amarjeet Sohi



On behalf of City Council, I am thrilled to extend my warmest greetings to the District 99 Toastmasters Annual Conference.

Public speaking is an important strength to have no matter the career path you pursue. It took me many years to find my voice and hone my skills, but today, I give speeches almost daily. I truly value the skill and dedication it takes to be a confident public speaker: This skill has enabled me to be the champion for Edmonton I am today.

As Mayor, I've learned firsthand that communications skills are key to being an effective leader. I thank District 99 Toastmasters for enabling our region's emerging leaders to positively impact their communities. And I want to wish everyone entering contests the best of luck.

I'll share a toast to your success!

A. Sohi

Amarjeet Sohi
MAYOR, CITY OF EDMONTON



Communication and Leadership Award

The Communication and Leadership (C&L) Award is presented by District 99 to recognize a non-Toastmaster in the community who is an outstanding communicator or leader.

2024 Communication and Leadership Awardee



Dr. Shawna Pandya

Dr. Shawna Pandya is a physician, aquanaut, scientist-astronaut candidate with the International Institute for Astronautical Sciences (IIAS), skydiver, VP Immersive Medicine with Luxsonic Technologies, Associate Fellow of the Aerospace Medicine Association, and Fellow of the Explorers Club. She is Director of IIAS' Space Medicine Group, Chief Instructor for IIAS Space Medicine

course, a host with the World Extreme Medicine's podcast series, and sessional lecturer for "Technology and the Future of Medicine," at the University of Alberta.

Dr. Pandya was on the first crew to test a commercial spacesuit in zero-gravity in 2015. She earned her aquanaut designation on the 2019 NEPTUNE mission. In November 2023, she served on the Payload Crew and co-PI of the inaugural IIAS-01 suborbital research flight. Her expeditions have been previously captured in the 2019 Land Rover short, 'Another World,' released with the Apollo 11: First Steps film. In June 2022, her medicine work took her to Poland and Ukraine to work with refugees and internally displaced persons affected by the Russian invasion of Ukraine. In 2022, Dr. Pandya was named to the Explorers' Club's "50 Explorers Changing the World," and in 2023, she was named to The SustainabilityX Magazine's "Global 50 Women in Sustainability."

Friday Keynote Speaker, Michelle Devlin, DTM
Who Have We Forgotten and Why Does it Matter?
Fostering a Sense of Belonging



Many businesses are focusing their efforts on Diversity, Equity and Inclusion (DEI), but how does that relate to your weekend at the conference? As a worldwide organization, Toastmasters knows the importance of positive experiences for its members. As we know, our actions and words play an important part in how people feel. In her presentation, Michelle Devlin will provide us with key insights on what each of us can do help foster a sense

of belonging ensuring everyone feels welcome, connected and engaged.

Michelle Devlin is an accomplished speaker whose clients describe her as enthusiastic and energetic. As the owner of Creating People Power, she has been helping clients foster respectful and psychologically safe workplaces for over 15 years. She credits much of her career success back to her involvement in Toastmasters. She has participated in numerous contests (both as a contestant and judge), been a Division Governor and had the opportunity to speak at an International conference in Connecticut. She is a wife, mom and passionate community volunteer who loves gardening, sports and travel.

“Ours is the only organization I know dedicated to the individual; we work together to bring out the best in each of us and then we apply these skills to help others.”

~ Dr. Ralph Smedley

It's Who Knows You: How do you Stick Out?



Presenter: Fong Chua, DTM

Location: Calgary room (2nd floor)

Discover what sets you and your club apart in Fong Chua's session on branding excellence. Learn how a strong brand can shift focus from being known to adding value, using simple steps to achieve brand recognition and ensure people seek you out. If standing out is your goal, don't miss this!

Fong Chua, a dynamic Business Strategist, Real Estate Investor, Podcast Host, Speaker, and 3X Best Selling Author, is dedicated to enriching lives. He excels in unlocking potential, offering branding, marketing, and positioning guidance to authors, entrepreneurs, and speakers. Known for his expertise in networking, relationship building, and public speaking, Fong is a prominent figure on platforms like The PEAK Potential Success Show and Make More Mind Bites on YouTube.

With a rich background in Toastmasters, Fong has earned numerous speaking awards and has significantly influenced both Canadian and American audiences. He's shared stages with figures like Shark Tank's Kevin Harrington and interviewed notable personalities such as George Ross, Jillian Michaels, and Joe Foster. Fong's commitment to mentoring speakers and hosting various events underscores his passion for communication and personal development.

Concurrent Education Sessions – Part A – Saturday

9:00 – 9:55 AM

Strategic Leadership: Tactics and Techniques from the Military



Presenter: Dhinesh Ramasamy

Location: Edmonton room (2nd floor)

Join us for this session that explores the integration of military leadership principles within the corporate world. Discover how the disciplined, strategic approaches of military leaders can be applied to navigate the complexities of the corporate sphere. This session

uncovers the synergies between military precision and corporate agility, offering attendees a unique perspective on leadership that transcends conventional boundaries.

Key insights:

- Adaptive leadership: Master the art of agility and strategic foresight, essential for navigating corporate changes.
- Critical thinking: Sharpen your decision-making skills by applying military analytical techniques to corporate challenges.
- Effective communication: Achieve clarity and efficiency in team interactions, inspired by military command excellence.
- Lifelong learning and resilience: Adopt a mindset of continuous improvement and resilience, critical for enduring success.

This session is a compact guide to enhancing your leadership skills with proven military strategies for an impactful corporate journey.

Dhinesh is a member of WeBA Toastmasters Club.

Commanding the Stage!



Presenter: Patrick Juma Owino, VC5

Location: Jasper/Louise Rom (2nd floor)

Join Patrick Juma Owino on a transformative learning experience that will elevate your presentation skills to new heights and leave a lasting impression on your audience.

Participants are in for an enlightening journey where they'll gain invaluable insights into mastering the art of commanding the stage.

Here's a glimpse of what you'll learn:

- The significance of maintaining eye contact and the precise moments to do so.
- Seven invaluable tips for seizing control of the stage and captivating your audience.
- A newfound sense of confidence that will permeate your speeches and presentations, empowering you to deliver with poise and authority.

Patrick Juma Owino is a seasoned expert in presentation skills, holding the esteemed title of Certified Presentation Skills Master. With over 14 years of experience as a facilitator, he has delivered impactful presentations to diverse audiences worldwide. Patrick's deep-seated passion for presentation skills stems from his belief that effective delivery enhances the quality of content.

Concurrent Education Sessions – Part B – Saturday

2:15 – 3:10 PM

Pathway to Distinguished Toastmaster



Presenter: Lynell Bird, DTM

Location: Calgary room (2nd floor)

Lynell Bird, DTM, is a member of Brownlee's Best Toastmasters in Edmonton, Alberta. She is serving as the Area C13 Director. Her Toastmasters journey began 17 years ago. With each project her eyes were opened to what else Toastmasters offers. Lynell

flourished as she worked collaboratively on teams, coached and sponsored clubs, and embraced her passion for District Leadership.

Lynell takes her leadership skills into the community. She is the Head Coach for the Special Olympics Edmonton Softball program, leading 70 athletes and 20 volunteer coaches. She led her softball team to a gold medal victory at the 2014 Special Olympics National Games.

Lynell has completed her journey to DTM – twice! Where will your personal Toastmasters journey take you?

In this session you will:

- Learn the six requirements to earn your DTM.
- Get resources, tips, and tricks for tracking your progress.
- Learn how to build a team to support you in your quest for educational success.
- Create your personalized plan for achieving your goal of becoming a Distinguished Toastmaster.

Reality Check! What Are YOU Selling?



Presenter: Don Zurakowski, DTM, PDD

Location: Edmonton room (2nd floor)

Join us for an engaging session focused on the pivotal role of first impressions, whether virtual or in-person, within the Toastmasters community. This session will provide insights into our experiences, the attraction points for guests, and the importance of

addressing the needs of all participants. Engage in interactive role-playing to enhance your ability to present Toastmasters as an enriching experience, focusing on trust, respect, and club excellence.

Participants will gain:

- Insight into the power of first impressions in shaping club growth.
- Strategies to attract and retain members by understanding their motivations.
- Awareness of complacency in member engagement and techniques to revive enthusiasm.
- Skills to effectively communicate the value of Toastmasters through role-play.
- Knowledge on fostering an environment that leads to club excellence and member emulation.

This session aims to equip members with the necessary skills to make lasting impressions that drive membership and foster a dynamic, inclusive Toastmasters community.

Concurrent Education Sessions – Part B – Saturday

2:15 – 3:10 PM

Awesome Evaluations



Presenter: Richard Mattis, DTM, IPDD

Location: Jasper/Louise room (2nd floor)

In this session, participants will learn about the behaviors and approaches to improve their evaluation skills. The session includes some practice of evaluating a speech and group discussion on the effectiveness of the evaluations.

Richard A. Mattis is the Immediate Past District 99 Director. He has delivered multiple evaluation workshops and officer training across the district over the past few years. He believes that evaluation and feedback is a huge part of the Toastmasters development experience. When evaluations are done in an effective and awesome manner, the end result is more awesome members and clubs.



Take a trip to where it all began! Toastmasters members worldwide will gather in centennial celebration. Be a part of a milestone event.

August 14–17, 2024

Conference at-a-glance

Friday, April 19, 2024

4:30 – 6:30 PM	Registration desk open	Top of the Inn (11 th floor)
5:00 – 6:00 PM	Cocktails and silent auction bidding opens	Top of the Inn
6:00 – 8:00 PM	Opening ceremonies Virtual banner parade and buffet supper Recognition of long-time members Keynote speaker – Michelle Devlin, DTM Who have we forgotten: Fostering a sense of belonging Candidates showcase	Top of the Inn
8:00 – 8:30 PM	Welcome for first-time delegates	Top of the Inn
8:30 – 10:00 PM	Entertainment	Top of the Inn
10:00 – 11:59 PM	Hospitality room	TBA
10:00 – 11:00 PM	Past District Directors meeting	Calgary Room 2 nd fl

Saturday, April 20, 2024

6:45 - 8:00 AM	Registration desk open	Top of the Inn
6:45 AM	Doors open for keynote breakfast	Top of the Inn
7:00 – 7:45 AM	Keynote Breakfast	Top of the Inn
7:45 – 8:45 AM	Keynote Address – Kim Myers, DTM ID Leap into leadership – you will not regret it	Top of the Inn
9:00 – 9:55 AM	Concurrent Educational Sessions Part A – on the 2nd floor Fong Chua, DTM – It’s Who Knows You Calgary room. 2 nd fl Dhinesh Ramasamy – Strategic LeadershipEdmonton room 2 nd fl Patrick Juma Owino, VC5 – Commanding the Stage .Jasper/Louise room 2 nd fl	
9:45 AM	Sound check for contestants	Top of the Inn
10:30 – 11:45 AM	District Council/Business Meeting	Top of the Inn

12 Noon – 2:00 PM	Communication and Leadership Luncheon Leadership Awardee – Shawna Pandya Recognition of educational completions	Top of the Inn
2:15 – 3:10 PM	Concurrent Educational Sessions Part B – on the 2nd floor Lynell Bird, DTM – Pathway to DTM.....Calgary room 2 nd fl Don Zurakowski, DTM – Reality Check!Edmonton room 2 nd fl Richard Mattis, DTM – Awesome Evaluations ... Jasper/Louise room 2 nd fl	
3:15 – 5:15 PM	Humorous speech contest International speech contest	Top of the Inn
5:15 – 6:15 PM	Networking and beverages at 4044 Dining Room	Main Floor
6:45 PM	Cocktails and doors open for banquet	Top of the Inn
6:45 PM SHARP!	Area and Division Directors and Head Table Guests assemble	Top of the Inn
7:00 – 9:00 PM	District Director’s Banquet	Top of the Inn
9:00 – 11:59 PM	Silent auction and dancing	Top of the Inn
9:00 – 11:59 PM	Hospitality room	Top of the Inn

Sunday, April 21, 2024

9:00 – 10:00 AM	Concurrent Educational Sessions Part C – on the 2nd floor Rowena Romero, DTM – All the World’s a Stage Calgary room 2 nd fl Greg Gazin, DTM, PDGEdmonton room 2 nd fl Build Your Club Public Relations and Messaging Strategies Shayne Kawalilak, LD2 – Don’t Be the Weakest Link . Jasper/Louise room 2 nd fl	
10:30 – 1:00 PM	Farewell Buffet Brunch Recognition of club & membership building Message from Incoming District Director Keynote speaker – Kim Myers, DTM ID Dreaming of Change Means Facing Change	Top of the Inn

“Toastmasters transforms people.”
~ Greg Gazin, DTM, PDG

All the World's a Stage



Presenter: Rowena Romero, DTM

Location: Calgary room (2nd floor)

Learn how to use techniques used in live theatre productions to enhance your public speaking presentations. From warming up to memorization; drawing emotion to practicing vocal variety, Rowena will share how her Toastmasters experiences helped her enter the world

of performing arts, but more importantly, how her time in live theatre has strengthened her overall stage presence.

Rowena Romero, DTM, has been a member of Toastmasters for 33 years. She is currently a Charter Member of the Heart of the Rockies Club in District-42. Rowena is a professed "Contest Junkie" holding four District titles (2-International, 1-Humorous, 1-Evaluation), including Region-IV Runner-Up (2002) and Champion (2005). Rowena is mom of two, and recently completed her "Bucket List Trip" of seeing penguins in Antarctica.

Rowena holds the distinction of being the first woman from Alberta/Saskatchewan to compete in the finals of the World Championship of Public Speaking (2005). While many members take the professional speaking route, Rowena chose to move towards performing in live theatre. With NO drama training or formal singing lessons in her background, Rowena auditioned for a key role in a stage musical purely to see what the audition process was like. She landed a role which featured two solo songs and has continued acting since.

Learn how to "Shine Like a Star" in this interactive session with Rowena.

Concurrent Education Sessions – Part C – Sunday

9:00 – 10:00 AM

Build your Club Public Relations and Messaging Strategies

Presenter: Greg Gazin, DTM, PDG



Location: Edmonton room (2nd floor)

Attracting new members, retaining existing ones and encouraging people to attend your club special events can sometimes pose a little bit of a challenge. This is particularly true as you compete for their time and attention.

In this partially interactive session, you'll learn why the too commonly used PR tactic of "Set it and forget it" – simply blasting out emails and Facebook posts and wait for people to show up at your club simply doesn't work. You'll learn the process of how to attract attention, help gain their interest, increase their desire to attend and get them to take action. We'll build a mini process by examining the campaign used for a previously held event, see how it could be made better and how you can use that for your club PR and even for your own personal journey.

Greg Gazin's Toastmasters journey never ends. Greg is six-time Distinguished Toastmaster, Past District 42 Director and former PR manager and a Toastmaster in Edmonton, District 99 for over 22 years. Greg, known as "The Gadget Guy" has been a serial entrepreneur; a syndicated tech and lifestyle columnist, speaker, blogger and author of *Corey Outsmarts the Butterflies*. Since 2006 Greg has produced the award-winning Toast Caster Communication & Leadership Podcast and hosts and produces the Official Toastmasters International Podcast. In 2009 Greg was recognized by Toastmasters International with a Presidential Citation for his use of Technology

Don't Be the Weakest Link: How to Protect Your Personal Information in a Digital World



Presenter: Shayne Kawalilak, LD2

Location: Jasper/Louise room (2nd floor)

Today's leaders know that action speaks louder than words. This presentation introduces "The Weakest Link Scale," a vital tool against online threats. Learn practical strategies to safeguard personal information and instill positive cybersecurity habits, challenging outdated beliefs from IT professionals. Let's take action to empower ourselves and our communities in the digital age.

Shayne Kawalilak is a writer, mostly. He is currently happily married to his ex-wife and they live in St. Albert, where they raised most of their nine children. He has been a professional geek for over two decades and aside from a passion for technology; he loves writing anything and everything, teaching and public speaking, spending as much time as possible with his family, and volunteering for great causes.

In rare moments of respite, he can be found unwinding on a boat or nestled in a hammock.

Contestants in the Humorous and International Speech Contests

Saturday, April 20, 2024

Humorous Speech Contest

Kent LaRose
Darwin Li
Julie Lu
Catherine Oswald
Glenn Walker

International Speech Contest

Collin Greene
Chidi Iwuchukwu
Carolyn Kaldy
Ian McConkey
Harriet Tinka

Contest Chair - Laurel Korbo, DTM
Contest Chief Judge - Marlene Petruch, DTM
Contest Toastmaster Humorous - Violet Wallace, MS5
Contest Toastmaster International - Michelle St Louis, PM5



Share your conference experience on social using #d99tm
Facebook @d99toastmasters
Instagram @d99toastmasters

Humorous Speech Judge's Guide



Humorous Speech Contest

Judge's Guide and Ballot

JUDGING ITEMS		SUGGESTED POINT VALUES				1	2	3	4	5	6	7	8	9	10
		E X C E L L E N T	V E R Y G O O D	G O O D	F A I R										
Speech Development Structure, Organization, Support Material	C O N T E N T 5 5	15	12-14	10-11	0-9										
Effectiveness Achievement of Purpose, Interest, Reception		10	8-9	6-7	0-5										
Speech Value Ideas, Logic, Original Thought		15	12-14	10-11	0-9										
Audience Response Attentiveness, Laughter, Interest, Reception		15	12-14	10-11	0-9										
Physical Appearance, Body Language, Speaking Area	D E L I V E R Y 3 0	10	8-9	6-7	0-5										
Voice Flexibility, Volume		10	8-9	6-7	0-5										
Manner Directness, Assurance, Enthusiasm		10	8-9	6-7	0-5										
Appropriateness To Speech Purpose And Audience	I A N G U A G E 1 5	10	8-9	6-7	0-5										
Correctness Grammar, Pronunciation, Word Selection		5	4	3	0-2										
TOTAL SCORE (100 Points Possible)															

International Speech Judge's Guide



International Speech Contest

Judge's Guide and Ballot

JUDGING ITEMS		SUGGESTED POINT VALUES				1	2	3	4	5	6	7	8	9	10	
		EXCELLENT	VERY GOOD	GOOD	FAIR											
Speech Development Structure, Organization, Support Material Effectiveness Clear purpose, Achievement of Purpose, Relevance Speech Value Ideas, Logic, Original Thought	CONTENT 50	15	11-14	6-10	0-5											
		10	7-9	4-6	0-3											
		25	17-24	9-16	0-8											
Physical Appearance, Body Language, Speaking Area Voice Flexibility, Volume Manner Directness, Assurance, Enthusiasm	DELIVERY 30	10	7-9	4-6	0-3											
		10	7-9	4-6	0-3											
		10	7-9	4-6	0-3											
Appropriateness To Speech Purpose, and Audience Correctness Grammar, Pronunciation, Word Selection	LANGUAGE 20	10	7-9	4-6	0-3											
		10	7-9	4-6	0-3											
TOTAL SCORE (100 Points Possible)																

Celebrating District 99 Accomplishments

May 1, 2023 to June 30, 2023 & July 1, 2023 to April 15, 2024

Distinguished Toastmaster DTM Awards

Member	Club	Location
Donna Friesen	Empowering Leaders	Melfort, SK

Triple Crown Awards – May 1, 2023 – June 30, 2023

Tariq Chaudary	3	DL2 ,DL3 ,LD1
Robert Magai	3	LD1 ,LD2 ,PM4
Mostafa Nejati Ajibisheh	3	DL3 ,DL4 ,DL5
Kusumakar Sharma	3	EC4 ,EC5 ,PM3
Dan Junik	3	PI1 ,PI2 ,PI3
Erin Saunders, PM4	3	PM2 ,PM3 ,PM4
John Fleming, DTM	3	EH4 ,EH5 ,PM4
Johnathan Hallett, PM4	3	PM2 ,PM3 ,PM4
Linda Lu, PM5	3	PM3 ,PM4 ,PM5
Lorraine Henderson, DTM	4	EC1 ,EC2 ,MS1 ,MS2
Namitha Patil, TC5	3	DL1 ,TC4 ,TC5
Oarabile Kgosisejo, DTM	3	EC1 ,EH5 ,PM4
Robert Hooley, DTM, AS	5	EH1 ,EH2 ,EH3 ,EH4 ,EH5
Serge Prefontaine, EH4	3	EH3 ,EH4 ,PM1
Shalini Kashyap, LD5	5	LD4 ,LD5 ,PM1 ,PM2 ,PM3
Shannon McColman, EH3	3	EH1 ,EH2 ,EH3
Valerie Poirier, PM4	3	PM2 ,PM3 ,PM4
Wayne Sager, DTM	3	EH1 ,PM3 ,PM4

Triple Crown Awards – July 1, 2023 – April 15, 2024

Cherry Cheung, DTM	3	MS4 ,MS3 ,SR5
Craig Baird	3	PM2 ,PM3 ,PM4
Benjamin Akomolafe	3	DL5 ,PWMENTORPGM ,TC1
Chris Kirbyson	3	MS1 ,MS2 ,MS3
Larry Walker	3	EC1 ,EC2 ,EC3
Shawn Grieve	3	SR1 ,SR2 ,SR3
Robert Magai	4	LD3 ,LD4 ,PM5 ,PWMENTORPGM
Kusumaker Sharma	3	MS1 ,PM4 ,PWMENTORPGM
Lorne Zaparniuk	3	DL1 ,DL2 ,DL3
Adriana Van Dermerwe, PM5	5	PM1 ,PM2 ,PM3 ,PM4 ,PM5
Alex Bandjak, DTM	4	LD2 ,LD3 ,LD4 ,LD5
Brenda A. Simon, PM4	7	EH1 ,EH2 ,EH3 ,PM1 ,PM2 ,PM3 ,PM4
Caleb D. Sherbanuk, PM3	3	PM1 ,PM2 ,PM3
Carolyn Smith, PM3	4	EC1 ,PM1 ,PM2 ,PM3
Charles Sadd, PM2	4	DL1 ,DL2 ,PM1 ,PM2
Chidi Iwuchukwu, PM3	3	PM1 ,PM2 ,PM3
Craig Brenzan, DTM	3	IP4 ,PM3 ,PWMENTORPGM
Debra L. Taylor, SR3	3	SR1 ,SR2 ,SR3
Diane Gunn, PM5	6	PM5, MS3, MS4, PM4, SR2 PWMENTORPGM
Donald Zurakowski, DTM	3	IP1 ,TC4 ,TC5
Doug Kariel, DTM	3	SR1 ,SR2 ,SR3
Edward A. Miller, DL4	3	DL2 ,DL3 ,DL4
Elaine Liu, PM3	3	PM1 ,PM2 ,PM3
Eric Parson, EH2	3	EH1 ,EH2 ,PWMENTORPGM
Fabriano Yu, MS3	3	MS1 ,MS2 ,MS3
Gerald T. Bulmer, DTM	4	EH1 ,EH2 ,EH3 ,PWMENTORPGM
Giancarlo Palazzo, LD3	3	LD1 ,LD2 ,LD3
Glenda Sheard, DTM	5	EH1 ,EH2 ,EH3 ,EH4 ,EH5
Glenn Walker, DTM	3	EH1 ,PM1 ,EH2
Graciela Morales, EH4	4	EH1 ,EH2 ,EH3 ,EH4
Guy Smith, IP3	3	IP1 ,IP2 ,IP3

Harriet K. Tinka, DTM	5	EH4 ,EH5 ,IP1 ,MS2 ,MS3
Homa Ghomi, IP4	3	IP2 ,IP3 ,IP4
Ida J. Edwards, DTM	3	DL1 ,DL2 ,DL3
James Bykowsy, IP3	3	IP1 ,IP2 ,IP3
Jane Esperanueva, VC4	4	VC1 ,VC2 ,VC3 ,VC4
Joan V. Petruk, DTM	3	EH5 ,PI2 ,SR2
Juergen Abildt, DTM	3	DL3 ,LD4 ,LD5
Karolyn Kelly, PI3	3	PI1 ,PI2 ,PI3
Katherine Deypalubos, DTM	3	EH1 ,EH2 ,MS4
Kathleen K. Pate, VC2	3	PM1 ,VC1 ,VC2
Kent La Rose, IP3	3	IP1 ,IP2 ,IP3
Kristian A. Berg, PM3	3	PM1 ,PM2 ,PM3
Linda R. Holmevik, DTM	3	MS3 ,PM2 ,PM3
Margaret Andris, SR2	7	SR1 ,SR2 ,VC1 ,VC2 ,VC3 ,VC4 ,VC5
Margaret Blackstock, DTM	3	LD4 ,LD5 ,PI1
Margaret Faryna, DTM	5	EC1 ,PM4 ,PI1 ,SR5 ,SR4
Matthew Taylor, SR1	4	PM3 ,PM4 ,PM5 ,SR1
Michael J. Pucylo, DTM	4	EH1 ,EH3 ,EH2 ,EH4
Michelle Kam, LD5	4	LD3 ,LD4 ,LD5 ,PWMENTORPGM
Morris W. Chirka, EH3	3	EH1 ,EH2 ,EH3
Nadia Daniel, PM3	3	DL4 ,PM2 ,PM3
Namitha Patil, PM5	5	PM1 ,PM2 ,PM3 ,PM4 ,PM5
Nathan A. Ebbers, DL2	3	DL1 ,DL2 ,PM3
Nathan K. Carlson, PM3	3	PM1 ,PM2 ,PM3
Patrick Owino, MS4	4	DL1 ,MS2 ,MS3 ,MS4
Penny H. Nilsen, DTM	5	PI1 ,TC2 ,TC3 ,TC4 ,TC5
Peter M. Helten, DTM	5	IP5 ,LD1 ,EC2 ,EH4 ,EH5
Pierre Kasongo, LD4	3	LD2 ,LD3 ,LD4
Rebecca Cuthbertson Hulst, DTM	4	EH1 ,EH2 ,EH3 ,EH4
Rhonda Lagace, DL4	3	DL2 ,DL3 ,DL4
Richard Phaneuf, DTM	3	DL5 ,PWMENTORPGM ,TC3

Ron Heck, PI5	3	PI3 ,PI4 ,PI5
Sarah Parker, DTM	3	MS1 ,TC1 ,TC2
Susan Qi, PM5	3	DL4 ,DL5 ,PM5
Tony Klassen, PM2	4	DL1 ,DL2 ,PM1 ,PM2
Violet Wallace, PI5	4	PI4 ,PI3 ,PI5 ,TC4

Of the Year Awards

Rookie of the Year 2022-2023

Division	Club	Nominee
A	Sundowners Toastmasters	Jennifer O'Connor
B	Northern Lights	Elaine Liu
C	WeBA Toastmasters	Kirsten Jenner
D	Brownlee's Best	Melanie Fischer
E	Early Risers Toastmasters	Daven Pascal
F	Eloquent Albertans	Natasha Delaney

Toastmaster of the Year 2022-2023

Division	Club	Nominee
A	Aimcrier Toastmasters	Wes Montey
B	Northern Lights Toastmasters	Margaret Faryna
C	Paragon Toastmasters	Edith Baraniecki
D	Wildrose Toastmasters	Laura O'Connor
E	Early Risers Toastmasters	Val Poirier
F	Pursuers Toastmasters	Glenn Walker

Public Relations Officer of the Year 2022-2023

Division	Club	Public Relations team
A	Peace Challengers Toastmasters	
B	Wetaskiwin Toastmasters	Erin Saunders
C	Paragon Toastmasters	Eunice Yin, Lou Sison, Ariel Casapao
D	Brownlee's Best	Mildred Thill
E	Woodland Communicators	Colin Minielly, Peter Friedrichsen
F	CN Tower Toastmasters	Ilona D'Cruz

Area Director of the Year 2022-2023

Division	Nominee
A	Greg Laskey
B	Mikey Lanteigne
C	Susan Qi
D	Von Eric Tandoc
E	Ken Guedo
F	Namitha Patil

Division Director of the Year 2022-2023

Division	Nominee
A	Kathy Pors
B	Michelle St Louis
C	Claudia Gomez-Villeneuve
D	Robert Challborn
E	
F	Lynell Bird

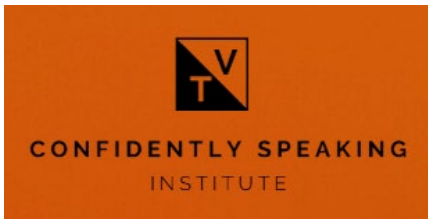
President of the Year 2022-2023

President name	Club name
Yolanda Quintanilla	Norwood Toastmasters Club
Tahseen Mushtaque	Wood Buffalo Toastmasters Club
Austin Krausert	Northern Lights Toastmasters Club
Barb Turner	Southern Lights Club
Annette Lee	Sundowners Toastmasters Club
Myrna Cretney	CU At Noon Club
Linda Holmevik	Woodland Communicators
Marlene Velasco	CN Tower Toastmasters Club
Erin McDonald	Aimcrier Toastmasters Club
Nayer Ahmed	Riverbend Club

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Toastmasters Word Search

T K B M C P Z G V M S G S U R F L L A T K L S R E
 V O P N Z R M I T I D P M Y X M T B S T D N X C P
 R O A A T I Z O M K J C E W A J C T M C E I Z O N
 E M C S Q A T G B S V X E E D W A X V L V M U N C
 P P J A T O B C C Y L I I L C V C G P U E P A F Y
 L Z R Q L M F L Y Z F X C I K H D H A B L R F I C
 T S P E D V A X E T J N L P D Q E V T O O O Y D O
 P V G I S O A S D T M Z Y U P D S S O F P M P E M
 D U H W Z E C R T Q O Z G J D H I A G F M P A N M
 S C B P G Z N L I E V P E X M R C L P I E T T C U
 P L F L B B E T D E R I I V N E R P R C N U H E N
 E A P B I V N S A P T S C C A E N K F E T H W Z I
 E L L O R C W Z T T R Y I E S L T T G R B O A M C
 C E X D T L S B P O I O B N B U U W O S T M Y W A
 H A Q Y F E I P F C R O F A T R L A O R M V S N T
 C D F L E M L S E F G Y N E M E E Y T R I M B P I
 O E W A E O G B T A F G T S S C R A X I K N N P O
 N R A N D A R W I E K I G E K S O N K S O I G A N
 T S L G B Q O G T P N I N Z L I I X A E E N N R K
 E H E U A T W U R P P I N U C L L O D T R B S G H
 S I C A C C T Z Z A K K N G G D I L N H I S E Y M
 T P T G K G H B T F Q E T G Q V T N S A P O V K D
 S F E E G K R L V O K M Q O I E R H G H L K N D N
 V Z R E L V J J B J T D R S A D S P H M T X N A A
 U I N H M B C L U B M E E T I N G S A L L C T U L

public speaking leadership communication confidence Toastmasters International speeches evaluations	Table Topics impromptu icebreakers networking feedback club meetings speech contests growth	listening presentation skills storytelling vocal variety body language Pathways club officers lectern
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This year's conference tagline "**Together Towards Tomorrow**" promotes unity in facing future challenges. By sharing resources and efforts, we shape a brighter, sustainable future through collective action. Emphasizing inclusivity and innovation, it highlights how each contribution enriches our journey, driving positive change and resilience.

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